

SCHOOL DIABETES MANAGEMENT

Supplies for 2018-2019 School Year

Student Name:
Grade/Teacher:

PLEASE BRING ITEMS TO SCHOOL ON OR BEFORE THE FIRST DAY OF SCHOOL.

Your School Nurse can be reached at phone number _____ .

- Provide information about your child's diabetes to the school nurse, teachers, & other staff who work with your child.
- Complete the "Healthcare Provider Order & Care Plan for Student with Diabetes" form, including doctor's orders.
- Parent/caregiver must obtain doctor's order; these are necessary even if your child is to be independent in their care of their diabetes while at school. The doctor's order should indicate if your child can do any part of his/her care.
- Provide school with updated contact numbers, including current home/work/cell phone numbers and names and numbers of emergency contacts.
- Bring equipment for blood glucose monitoring. This includes **meter, strips, & lancets**. Complete Glucometer Maintenance Form stating who will do glucometer control checks (per manufacturer's recommendation).
- If insulin injections are needed at school, please bring insulin pen(s)/needles or insulin & insulin syringes.
- If your child has an insulin pump, please provide extra insulin cartridges, extra tubing, back-up insulin pen(s) or insulin & syringes.
- Bring Ketostix (if doctor's order indicates that this is to be checked at school).
- Bring emergency meds such as Glucagon (if ordered) & instant glucose gel/tabs and/or cake decorating gel.
- Snack suggestions for low blood sugars are:
 - a. 4-6 oz juice boxes c. 6 oz regular soda
 - b. Glucose tablets d. Fruit-roll ups, raisins, Skittles, or other quick sugar

Also, provide any needed snack items for the day (i.e. cheese crackers)

SUGGESTION: A plastic pencil box or large Ziploc bag marked with their name is a handy way to store snacks and supplies in each of your child's classrooms, with an extra set or two for the main office/health room as back-up. Parents are responsible for checking and replacing snack supplies.

Remember: the cafeteria is only open during breakfast and lunchtimes.